

SEX SCANDAL IN BUSH'S BACKYARD! p.128

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VANITY FAIR

OUR
**AWARDS
SEASON**
INSIDER'S
SURVIVAL
GUIDE
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"Without wonder
and insight, acting is just
a trade. With it, it
becomes creation."
- BETTE DAVIS

One
Million Men
Say
Jennifer
LAWRENCE
*Is The World's
"Most Desirable
Woman"!*

By Jim Windolf
Photos by Ellen von Unwerth
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FEBRUARY 2013

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02 >



3
Weeks
to Go

A few days of eating healthy, hiking, doing yoga, and relaxing at a wellness retreat is the perfect way to gear up for the pre-awards madness. We **Care Spa** in Desert Hot Springs is a popular choice, while **the Pearl Laguna** in Laguna Beach continually earns five-star reviews. It's important to literally feel comfortable in your own skin, so check out **Dr. Ava Shamban's** practice for awards season's cosmetology needs (e.g., re-surfacing and collagen fillers).

Countdown starts!

Ready, Set...

STYLE!

Beauty requires not only time, but planning

2
Weeks
to Go

Can't decide between going to yoga and spinning? Fear not! **YAS** classes combine both exercise regimes, so you can stretch and tone up at the same time. If you prefer the one-on-one workout approach to get into that dress, **Tracy Anderson**—Gwyneth Paltrow's B.F.F.—is the go-to trainer for Hollywood royalty. Now is the perfect time to try **Ritual Wellness**, offering programs that will curb your hunger, with results that last for weeks.



DAY AFTER

Now that you've survived the whirlwind, indulge in some luxurious body treatments. Try a four-handed massage at the **Hotel Bel-Air Spa** or hydrotherapy at **Spa Montage** to unwind in style.



Actress Ava Gardner at the premiere of *The Barefoot Contessa*, November 5, 1954.

1
Week
to Go

New York-based skin guru **Tracie Martyn** makes her yearly visit, setting up temporary headquarters at Le Parc Suite Hotel to perform her famous Red Carpet Facial, a favorite of Kate Winslet and Jennifer Connelly. Or there's **Ole Henriksen**, whose star-studded clientele includes Charlize Theron and Jessica Chastain, as well as Daniel Craig. Then head to Neil Weisberg and Tracey Cunningham's exclusive new salon, **Mèche**, to ensure you get the perfect color and cut. Don't forget to wax: A-listers swear by **Queen Bee Salon & Spa**, which offers home service.



4
Hours
to Go

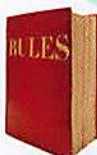
To achieve stunning tresses the day of, book a styling appointment at one of **Frédéric Fekkai's** renowned salons, or try **Drybar's** Dry on the Fly home service for a first-class blowout. Put the finishing touches on your look with a makeup session from Chanel's **Angela Levin** and Revlon's **Gucci Westman**.

2
Days
to Go

They say it's all in the eyes, so first head to **Lôngmi Lashes** for Daniel Dinh's eyelash extensions, and then cross the street to **Anastasia**, where you'll get expert brow shaping. For a gorgeous, long-lasting nail look, go to **Kinara Skin Care Clinic and Spa** for its special Red Carpet Manicure and Pedicure.



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Rules for the RED-CARPET Season

- 1 Act like an adult.** Go to the parties, do the grip-and-greets, smile for the cameras. The audience will probably forget the name of your movie in six months, but Hollywood will never forgive—or forget—if you fail to promote it.
- 2 Write a speech.** It's fine to act flustered and exclaim, "I never expected this! I didn't prepare anything!" so long as you've already committed the whole thing to memory. Otherwise, paper will suffice. But let's be honest:

- haven't you been practicing for this moment, in the shower, since you were 11 years old?
- 3 Work the emotions.** Tears are good; tales of adversity are better; acknowledging the influence of a graying icon in the audience (Spielberg, Lucas, Scorsese) is best of all. Be sure to mention your agent, significant other, and fellow nominees. They're all keeping score.
- 4 Lose gracefully.** Keep in mind that when the presenter says, "And the winner is..."

there's a camera on you. Mask your disappointment with a deep, emotionally convincing smile—by thinking about all the people you're going to fire the next day.

- 5 Thank Harvey Weinstein.** Even if Harvey had absolutely nothing to do with your film, thank him anyway. It can't hurt, it might help with your next project, and either way, the audience won't know the difference. They'll just assume he made the movie. —BRUCE FEIRSTEIN